

Key Information

- Key Stage: 2

Subject(s)

- PSHE
- Literacy

National Curriculum objectives

PSHE, Key stage 2

Developing a healthy lifestyle

- To recognise the different risks in different situations and then decide how to behave responsibly (3e)

Citizenship. Key stage 2

Developing a healthy lifestyle

- To recognise the different risks in different situations and then decide how to behave responsibly (3e)

Lesson objectives

- Learn about the dangers and risks of playing and swimming near open water by identifying hazards
- Write down the risks associated with specific situations, and discuss them as a whole class

Resources and Preparation

- Spotting the risks worksheet (attached)
- Information on beach safety and flags at http://www.direct.gov.uk/en/TravelAndTransport/Boatingandtravellingbywater/Keepingsafeatthecoast/DG_185487

Classroom management

Whole class, pupils do main activity either in pairs or in small groups. Then they present findings to the whole class. Plenary can be done as a class brainstorm or individually.



The Lesson

Introduction

- Introduce the importance of staying safe near open water by showing children the interactive beach patrol game.

Activities

- Explain to the children that we are going to think about water safety; particularly about how to keep safe when visiting the seaside on day trips or on holiday. Explain that we are also going to think about people who take risks with their safety.
- Show children the beach hazards poster (see above). Can the children spot the safe behaviour illustrated in the picture? Can they also spot the risks?
 - Risky Behaviour:
 - The child swimming too far out to sea
 - The girl on a lilo in unsafe water
 - The boy flying a kite near the edge of a fragile cliff
 - The people clambering on rocks next to the red flag
 - The boys jumping off the cliff
 - Children swimming near the red flag
 - The man sitting in the sun for too long (risk of getting sunburnt)
 - Children swimming too close to the rocks
 - Walking on the sand with no footwear (risk of stepping on glass, weaver fish, dog mess, needles etc)
 - The man buried in the sand with the tide coming in (risk of being stuck in the sand)
 - You will need to ask the children to work in pairs or small groups. Hand out copies of the worksheet that accompanies this lesson plan. Ask the children to think about each of the situations described, and then identify the risks associated with each one. Ask the children to write down the risks that they identify, and then provide appropriate advice in the speech bubble provided.



For example:

Situation	The risk	Advice
You see some children riding on an inflatable toy in the sea	The wind might carry the inflatable toy out to sea	Only play with inflatable boats or toys in shallow, safe water. Ideally make sure that it is pulled by an adult, or tied to one!

- After an appropriate time period (we suggest about 15 minutes) share the suggestions that the children have made amongst the whole class. Identify the risks associated with each of the situations, and reinforce the safety message in the advice provided.
- Focus on the summer holidays. Ask the children how they would go about teaching a parent or guardian about keeping them safe at the seaside.

Plenary

- Play the beach patrol game in pairs and discuss each situation. Challenge the children to find all the dangers and give good advice on how to stay safe. Make posters to reinforce their learning.

