

Key Information

- Key Stage: 2

Subject(s)

- PSHE
- Literacy

National Curriculum objectives

PSHE, Key stage 2

Developing a healthy lifestyle

- Why different rules are needed in different situations (2b)

Citizenship, Key stage 2

Developing a healthy lifestyle

- Why different rules are needed in different situations (2b)

Lesson objectives

- Learn about keeping safe at the seaside, or near open water
- Find out about the meaning and use of beach safety flags and signs in small groups
- Present findings to the class

Classroom management

Whole class, pupils do main activity either in pairs or in small groups. Then they present findings to the whole class. Plenary can be done as a class brainstorm or individually.

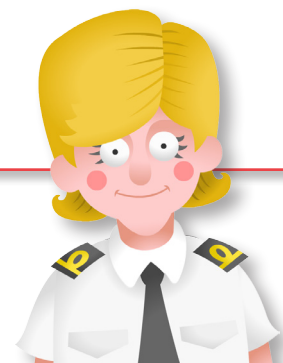
Resources and Preparation

- Beach flags and signs handout (without captions). You will need to give children access to images of the various beach safety flags and signs. A colour handout is available for download, although if this is not practical, we suggest two alternatives:

Visit the RNLI Beach Safety website (www.beachsafety.org.uk) and click on **Beach safety advice**

Open the PowerPoint slide provided and display using a projector or whiteboard

Beach safety flags and signs flashcards are also available on the RNLI website



The Lesson

Introduction

- Introduce the importance of staying safe near open water by showing children the beach patrol game. Play through a few of the dangers and discuss

Activities

- Show children the various beach flags and signs. Ask the children what these flags and signs might be for. Explain that these flags and signs tell visitors at the beach where it is safe to swim, as well as about the dangers and hazards that they might encounter at the seaside.
- Ask the children to imagine what might happen if there were no signs or flags to help visitors and holidaymakers at the seaside. Ask the children to describe the shapes and colours of the flags and signs. What do the pictures on the signs indicate? Ask the children to guess what each sign might be for.
- Now divide the class into small groups and hand out a few beach safety flashcards to each. Ask the children to prepare a short presentation for the rest of the class. Each group must:
 - Show their beach safety flashcards to the rest of the class
 - Explain what each sign or flag is for and explain why it is important
 - Describe what might happen if visitors to the beach ignored them
- Ask each group to deliver their presentation and reinforce and praise their work.
- Encourage the children to listen attentively to each group.
- Staying in small groups, ask children to think of other areas and places where there is water. Ask them to consider whether similar hazards and dangers exist. What signs might be useful in these locations?

School or garden pond
Rivers and canals

Swimming pools
Streams

Lakes
Reservoirs

Plenary

- As a whole class, ask the children to share their ideas. If any examples are on school grounds, decide if you want to suggest one or more signs that the school might use.
- Ask the children to look out for signs that they encounter everyday. How do these compare with beach safety flags and signs? Review their observations in a future lesson.



Plenary

View more information on beach safety and flags at [direct.gov.uk](http://www.direct.gov.uk) http://www.direct.gov.uk/en/TravelAndTransport/Boatingandtravellingbywater/Keepingsafeatthecoast/DG_185487 and then ask the children to play the beach patrol game in pairs, discussing all the scenarios they come across. Make posters to highlight some of their learning, or write a beach safety rap to perform in an assembly.

